



THE HULL & EAST RIDING KARATE ACADEMY

Certificate of Achievement 2018

Sporting Excellence in Karate

National Level

Jack Westgarth

This is to certify that Jack Westgarth has achieved the standard of Sporting Excellence in Competition Sport Karate in both Kata and Kumite. Jack competed at National Championships throughout England in 2018 winning the medals and titles listed below:-

Championship Success - 2 Silver 5 Bronze

Yorkshire Open Championships - 11th February, Barnsley
Bronze - Team Kumite

Hull & East Riding Junior Championships - 10th June, Bilton
Silver - Individual Kumite
Silver - Individual Kata

Shindo Kai Championships - 18th November, Barnsley
Bronze - Individual Kumite
Bronze - Team Kumite
Bronze - Team Kata
Bronze - Pairs Kata

Congratulations on your sporting achievements throughout 2018. Well done Jack.

Sensei Wayne Clarke 3rd Dan
Head Coach - The Hull & East Riding Karate Academy

